

Survey of individual participation histories, based on annual pension mailings and Internet surveys on life and work

The purpose of the survey

This academic survey, which received a grant-in-aid for scientific research, set out to obtain basic data and use it to assess the impact of current social policies on people's lifestyles. The survey investigated people's public-pension participation history, insurance-premium payment behavior, and employment behavior, as recorded in annual pension mailings.

- Although this survey obtained information from annual pension mailings sent to pension-plan participants, all personal information (names and addresses) that could be used identify individuals was carefully protected. To protect this information from the risk of becoming public, we did not request it. Since the survey results were processed statistically, individual responses can never be made public. In addition, this information will never be used to sell goods or collect tax. We are grateful to survey subjects for their participation.

Screening survey

- ✘ Potential participants were screened to exclude mutual-aid association members and to identify those whose records covered all periods—and who had kept their annual pension mailings.

(Question 1) Have you kept all of your annual pension mailings, including your past participation and insurance payment histories? (This question only applies to people who receive paper copies and do not use the online pension service.)

1. We have kept our annual pension mailings, which provide a full account of past participation and a full list of insurance premium payments.
2. No

* Participants who choose option 2 (No) should finish the survey here.

(Question 2) Do you have access to the following tables from your annual pension mailings? Please indicate which ones you have in hand.

1. Annual pension mailings
2. Your full pension history
3. Your standard monthly welfare-pension insurance payments and the monthly status of your insurance-premium payments
4. Your national pension insurance-premium payment status, up to the present

* 1 and 2 are required. Participants who do not have either 3 or 4 should finish the survey here.

(Question 3) Have you ever joined any kind of mutual-aid association: a national public-service mutual-aid association, local public-service mutual-aid association, mutual-aid association for private-school personnel, or any other type of mutual-aid association)?

1. Yes
2. No

* Participants who choose option 1 (Yes) should finish the survey here.

(Question 4) Are there omissions or errors in the annual pension mailings you receive?

1. Yes
2. No

* Participants who choose option 1 (Yes) should finish the survey here.

(Question 5) Questions about permissions

* Participants who cannot obtain permissions should not continue the survey.

This survey

A. Basic attributes

(Question A-1) Your gender (in line with pre-registered information)

1. Male
2. Female

(Question A-2) Prefecture number (* as this field is created using pre-registered information, it is not phrased as a question)

()

(Question A-3) Your birthdate

Born in _____ (month) _____ (year)

Although these data are included in the pre-registered information, there is also a question item on the survey.

B. Items copied from annual pension mailings

To answer questions B-1 to B-4, please copy the relevant information from your annual pension mailings.

- Annual pension mailings
 - Your full pension history
 - Your standard monthly welfare-pension insurance payment and the monthly status of your insurance-premium payments
 - The payment status of your national-pension insurance premiums, up to the present
- Please copy this information from the first page of the annual pension mailings; this page has “annual pension mailings” written in white letters on a blue ground in the upper left-hand corner.

(Question B-1) Please copy timing information from the participation record onto the middle of this page (to the right or above the basic pension number).

These annual pension mailings are prepared using your pension participation record for _____ (date) _____ (month) _____ (year).

(Question B-2) Please copy your pension subscription period, up to the present. (*Check the total)

National pension			Welfare pension insurance	Seamen's insurance	Pension participation period total (excluding unpaid terms)
Category 1 (excluding unpaid terms)	Category 3	National pension total (excluding unpaid terms)			
(Month)	(Month)	(Month)	(Month)	(Month)	(Month)

(Question B-3) Please copy your insurance-premium payments up to the present. (*Check the total)

(1) National pension (insurance-premium payments for the first insured person)	(Total amount) yen
(2) Welfare pension insurance (the insurance-premium payments of the person with welfare-pension insurance)	(Total amount) yen
Total insurance-premium payments, up to the present [National pension/welfare-pension insurance total]	(Total amount) yen

(Question B-4) Please copy the number of unpaid months accruing to the person with national pension insurance and the welfare pension-fund participation period stated at the bottom of the page.

1. The number of unpaid months accruing to the person with national pension insurance _____ months
2. The welfare pension-fund participation period of (number of months within parentheses) _____ months

※ Please enter the number of months in the yellow sections of the figure below:

(7) National pension							(8) Welfare pension insurance		(9) The seamen's insurance		(10) Total pension participation period (excluding unpaid months)	
Number of paid months	Number of fully contribution-exempted months	Number of three-quarter contribution-exempted months	Number of half contribution-exempted months	Number of quarter contribution-exempted months	Number of special-education months	Number of months of the third insured person	Number of paid months	Number of participation months (Fund)	Participation period (Fund)	Number of participation months		Participation period
Number of unpaid months while the				Number of months of additional				()	()			

person held national pension insurance		insurance premium payments (list)						
--	--	-----------------------------------	--	--	--	--	--	--

○ When reconstructing the period during which you had a welfare pension or seamen’s insurance, please try to recall as accurately as possible when and in what capacity you joined a company, changed jobs, or left a company, including the name of every workplace. Please fill in the following items.

The answer to (2)—participation system—is either a welfare pension or seamen’s insurance. Please ignore the line about national pensions.

In some cases, personnel changes within the same company (such as change between department/branch offices or company mergers) are separate records; however, this is not considered a job change. In this case, please state the date (4) when you first acquired a new title in that company and the date (5) when you lost that title.

(Sample descriptions of annual pension mailings)

(1) Number	(2) Participation system	(3) Name of workplace	(4) Date when you acquired the title	(5) Date when you lost the title	(6) Number of participation months
001	Welfare pension	○○Bank, Kunitachi Branch	April 1, 1975	April 1, 1984	108
002	Welfare pension	○○Bank, Shinjuku Branch	April 1, 1984	June 1, 1998	170
003	Welfare pension	△△Bank, Ikebukuro Branch	June 1, 1998	August 10, 2005	110
004	National pension	First insured person	August 10, 2005		44

(Note) For the date when the title was lost, please write the day after you left the company.

* Respondents should consider the following points when completing the table:

Since 001–003 are the same company (△△ Bank is the company that ○○ Bank merged with), please note the following:

- The date when a new title was acquired was April 1, 1975.
- The date when the title was lost was August 10, 2005 (if a space is blank, please leave it in blank).

004 is the national pension, so an entry is unnecessary

*** The welfare-pension system could be applied to each business establishment or to all companies at once. In the former case, multiple internal records of personnel changes (for example, changing between branch offices) are recorded for the date when a new title was acquired and the date when the title was lost. Here, we decided to investigate records of employment, job changes, and retirement by company unit.**

*** The date when a title was lost is the day after an individual left his or her job. Be aware that the leaving date is the day before the title was lost.**

*** A month when a title was acquired relates to a person with welfare-pension insurance; however, a month when a title was lost does not correspond to a person with welfare-pension insurance.**

(Question B5) Please select the following items (including your past workplace status) from the drop-down list, while looking at your pension participation history, up to the present, in your annual pension mailings.

- (A) Date when you acquired a title (please copy this information from your annual pension mailings)
- (B) Date when you lost the title (please copy this information from your annual pension mailings)
- (C) The size of the company you joined or changed to (the entire company, not the branch you worked at)
- (D) The industry you joined or changed to
- (E) Your job category at the company you joined or changed to (your situation when you began work)
- (F) Type of employment at the company you joined or changed to (“
- (G) Form of employment contract at the company you joined or changed to (“
- (H) Have you participated in public vocational training at the company you joined or changed to?
- (I) Why did you change jobs or leave the company? (* **Indicate dates only if there are dates when a title was lost. Write a dash (-) if there are no such dates.**

Sorting symbol	Please write down the dates that appear in your annual pension mailings. <u>If you have changed jobs within the same company, please fill in only the first and last dates.</u>		Please describe the company <u>when you were first hired</u>		Please indicate your employment status <u>when you were first hired</u>				If you left the job
	Date when you acquired the title	Date when you lost the title	Company size	Industry	Job category	Type of employment	Form of employment contract	Public vocational training	Reason for leaving the job
A	(A)	(B)	(C)	(D)	(E)	(F)	(G)	(H)	(I)
B									
C									
D									

* To avoid confusing the sorting numbers in your annual pension mailings, use letters of the alphabet and add the lines one by one.

* If the total participation period, from the year when you acquired the title until the month before the date when you lost it (if you are still working, the period extends to the last month before the date in Question B1), is significantly different from the welfare-pension participation period in Question B2 (more than 12 months), please indicate whether there are omissions or errors in this work history.

* Up to 10 cases (if there are more than 10 cases, please cut the entry short)

* The drop-down list options are as follows:

**(A) Date when you acquired the title (please copy this information from the annual pension mailings)
Date (between 1965 and 2011)**

**(B) Date when you lost the title (please copy this information from the annual pension mailings)
Date (between 1965 and 2011, displayed “– “ at the beginning of the list)**

(C) The size of the company you joined or changed to (not the size of the branch you worked at, but the entire company.)

(1) Fewer than 5 people; (2) 5–29 people; (3) 30–99 people; (4) 100–299 people; (5) 300–499 people; (6) 500–999 people; (7) 1000–4999 people; (8) 5000 or more people

(D) Industry that you joined or changed to

(1) Agriculture, forestry, or fisheries; (2) construction; (3) manufacturing; (4) information or communication services; (5) transportation or mail services; (6) wholesale or retail; (7) finance or insurance; (8) real estate; (9) academic research; (10) catering and lodging; (11) entertainment; (12) education; (13) medical or welfare; (14) other

(E) Your job category at the company you joined or changed to (situation as of the time of employment or changing job)

(1) Professional or technical; (2) administrative; (3) clerical; (4) sales; (5) service; (6) security; (7) transportation or communication; (8) production or labor; (9) I don't know.

(F) Type of employment at the company you joined or changed to (“

(1) Regular employee; (2) contract employee; (3) fixed-term employee; (4) seconded employee; (5) dispatched worker; (6) temporary worker; (7) part-time worker; (8) other

(G) Form of employment contract at the company you joined or changed to (“

(1) No set endpoint; (2) 1– 5 years; (3) 1 month–1 year; (4) less than 1 month

(H) Have you participated in public vocational training at the company you joined or changed to?

(1) I have taken part in public vocational training programs.

(2) I have studied at vocational schools at my own expense and participated in correspondence education and seminars.

(3) I have attended vocational programs at a previous (or new) company and participated in correspondence education and seminars.

(4) I have not done any training.

(I) Reason for changing jobs or leaving the company

(1) Application for bankruptcy/layoff/voluntary retirement

(2) Retirement/dispatched (including cases of re-employment as a fixed-term employee, etc.)

(3) Normal dismissal

(4) Expiration of contract term (including expatriate labor)

- (5) Marriage, childbirth, childcare, etc.**
- (6) Caring for parents**
- (7) Other (personal circumstances)**

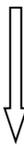
○ From the 3rd page of the annual pension mailings onwards, you should copy the standard monthly welfare-pension-insurance payment or your national pension-insurance-premium payment status for April of each fiscal year. To facilitate transcription, start by indicating whether you have a welfare pension or a national pension.

(Question B-6) Please indicate the system you were enrolled in each April, while looking at the page your standard monthly welfare-pension-insurance payments and insurance-premium payments written at the top, in white letters on a blue background. The page also includes your national pension-insurance-premium payment status (if you have participated in one system, only one page should be available).

Year	System with April records
Automatically display the years in order, from the age of 15 to the year 2011	Three options: Welfare Pension Insurance; National Pension; No entry/no description

○ Please copy information from the page that lists your standard monthly welfare-pension-insurance payments and insurance-premium payments (at the top, in white letters on a blue background).

(Question B-7) Please copy information from the page that lists your standard monthly welfare-pension-insurance payments and insurance-premium payments. Please fill in the column headed “April standard remuneration.”

Year	April (standard remuneration)
The year you joined the welfare-pension insurance program is automatically displayed in Question B6 (if you do not have a participation period for welfare-pension insurance, please go to Question B8)	__,000
	__,000
	__,000
	__,000
	
	__,000
	__,000

* Since the range of standard remuneration is wide, enter a number instead of using the drop-down list. However, please re-enter if the number is not included in the standard remuneration list (by fiscal year).

* The fiscal year is indicated by the era name, i.e., the first year of Heisei is Heisei 1. This matches the annual

pension mailings.

* Since the April record appears to the far left (near the description of the fiscal year), the record for April should be copied.

- Please copy information from the page with your national pension-insurance-premium payment status (up to the present) in the upper section, in white against a blue background.

(Question B-8) Please copy information from the page on which your national pension-insurance-premium payment status (up to the present) appears. Please fill in the column headed, “April (monthly payment status).”

Year	April (monthly payment status)
The year you joined the National Pension will be automatically displayed in Question 8 (if there is no national-pension participation period, please go to Question 11.)	
	

* Your monthly payment status is displayed in a list. The displayed options are as follows; they differ in relation to the fiscal year (because the system timing differs).

- Paid: all periods
- Unpaid: all periods
- No. 3: after 1986
- Full exemption: all periods
- Half exemption: after 2002
- Half unpaid: after 2002
- 3/4 exemption: after 2007
- 3/4 unpaid: after 2007
- 1/4 exemption: after 2007
- 1/4 unpaid: after 2007
- Special education: after 2000
- Addition: all periods
- ***: before 1976

* The fiscal year is indicated by the era name. The first year of Heisei is Heisei 1 (matching the annual pension mailings).

The copied items are listed above. Below, please answer questions based on the information you have provided.

C. Survey items to be added to the items copied from the annual pension mailings

(Question C-1) Below is a summary of the information you have provided so far, listed by age. Are there any mistakes? If you find any errors, please correct them. Age is calculated at the end of March.

Sample response, for reference

Born in 1966 (45 years old in the survey year)

Age	Year	Standard welfare-pension payment	National-pension payment status
15	April 1981	-	-
16	April 1982	-	-
17	April 1983	-	-
18	April 1984	-	-
19	April 1985	-	-
20	April 1986	122,000	-
21	April 1987	123,000	-
22	April 1988	123,000	-
23	April 1989	124,000	-
24	April 1990	125,000	-
25	April 1991	125,000	-
26	April 1992	125,000	-
27	April 1993	-	No. 3
28	April 1994	-	No. 3
29	April 1995	-	No. 3
30	April 1996	-	No. 3
31	April 1997	-	No. 3
32	April 1998	-	No. 3
33	April 1999	-	No. 3
34	April 2000	-	No. 3
35	April 2001	100,000	-
36	April 2002	101,000	-
37	April 2003	102,000	-
38	April 2004	102,000	-
39	April 2005	-	-
40	April 2006	-	-
41	April 2007	-	-

42	April 2008	-	-
43	April 2009	-	-
44	April 2010	-	-
45	April 2011	-	-

(Question C-2) Each April, up to the present, what kind of work were you doing? Were you a student? Please choose from the following categories:

1. Manager/executive
2. Regular official, employee
3. Self-employed/ freelance
4. Permanent part-time worker
5. Temporary part-time worker
6. Temporary employee at an office that dispatches workers
7. Contract employee
8. Fixed-term employee
9. Family worker/side job
10. Other (please provide specific details)
11. I did not work for an income but was looking for employment.
12. I did not work for an income and was not looking for employment (housekeeping, etc.).
13. I did not work for an income because I was caring for children.
14. Student (high-school student, university student, junior college student, college student, preparatory school student, etc.)

[Sample response, for reference]

Age	Year	Standard		Job
		welfare-pension payment	National-pension payment status	
15	April 1981	-	-	12
16	April 1982	-	-	12
-	-			
22	April 1988	-	-	12
23	April 1989	124,000	-	1
24	April 1990	125,000	-	1
25	April 1991	125,000	-	1
26	April 1992	125,000	-	1
27	April 1993	-	No. 3	2
28	April 1994	-	No. 3	2
29	April 1995	-	No. 3	11
30	April 1996	-	No. 3	11
31	April 1997	-	No. 3	11
32	April 1998	-	No. 3	11
33	April 1999	-	No. 3	11
34	April 2000	-	No. 3	11
35	April 2001	100,000	-	1

36	April 2002	101,000	-	1
37	April 2003	-	No. 3	1
38	April 2004	-	No. 3	2
39	April 2005	-	No. 3	2
40	April 2006	-	No. 3	2
41	April 2007	-	No. 3	2
42	April 2008	225,000	-	1
43	April 2009	235,000	-	1
44	April 2010	235,000	-	1
45	April 2011	235,000	-	1

(Question C-3) In April each year, what was your marital status and childcare situation? Regarding your marital status, please answer 0 = unmarried; 1 = living with spouse or partner; 2 = separated from spouse/partner; 3 = spouse/partner deceased. Please indicate how many children you have, living with you or separately (due to school attendance).

[Sample response, for reference]

Age	Year	Standard		Job	Presence of spouse	Number of children
		welfare-pension payment	National-pension payment status			
15	April 1981	-	-	12	0	0
16	April 1982	-	-	12	0	0
-	-					
22	April 1988	-	-	12	0	0
19	April 1985	-	-	1	0	0
20	April 1986	122,000	-	1	0	0
21	April 1987	123,000	-	1	0	0
22	April 1988	123,000	-	1	0	0
23	April 1989	124,000	-	1	0	0
24	April 1990	125,000	-	1	0	0
25	April 1991	125,000	-	1	0	0
26	April 1992	125,000	-	1	0	0
27	April 1993	-	No. 3	2	1	0
28	April 1994	-	No. 3	2	1	0
29	April 1995	-	No. 3	11	1	1
30	April 1996	-	No. 3	11	1	1
31	April 1997	-	No. 3	11	1	1

32	April 1998	-	No. 3	11	1	2
33	April 1999	-	No. 3	11	1	2
34	April 2000	-	No. 3	11	1	2
35	April 2001	100,000	-	1	1	2
36	April 2002	101,000	-	1	1	2
37	April 2003	-	No. 3	1	1	2
38	April 2004	-	No. 3	2	1	2
39	April 2005	-	No. 3	2	1	2
40	April 2006	-	No. 3	2	1	2
41	April 2007	-	No. 3	2	1	2
42	April 2008	225,000	-	1	2	2
43	April 2009	235,000	-	1	2	2
44	April 2010	235,000	-	1	2	2
45	April 2011	235,000	-	1	2	2

(Question C-4) In April each year, were you living with your parents or your spouse's parents? Even if you live separately in the same premises or apartment building, we regard this as living together.

0. I do not live with either set of parents.

1. I live with my parents (or single parent)

2. I live with my spouse's parents (or single parent)

3. I live with my parents and my spouse's parents (or a single parent on either side)

[Sample response, for reference]

Age	Year	Standard welfare-pension payment	National-pension payment status	Job	Marital status	Number of children	Living with parents
15	April 1981	-	-	12	0	0	1
16	April 1982	-	-	12	0	0	1
-	-						
22	April 1988	-	-	12	0	0	0
23	April 1989	124,000	-	1	0	0	0
24	April 1990	125,000	-	1	0	0	0
25	April 1991	125,000	-	1	0	0	0
26	April 1992	125,000	-	1	0	0	0
27	April 1993	-	No. 3	2	1	0	0
28	April 1994	-	No. 3	2	1	0	0
29	April 1995	-	No. 3	11	1	1	0
30	April 1996	-	No. 3	11	1	1	0
31	April 1997	-	No. 3	11	1	1	0
32	April 1998	-	No. 3	11	1	2	0
33	April 1999	-	No. 3	11	1	2	0
34	April 2000	-	No. 3	11	1	2	0
35	April 2001	100,000	-	1	1	2	2
36	April 2002	101,000	-	1	1	2	2
37	April 2003	-	No. 3	1	1	2	2
38	April 2004	-	No. 3	2	1	2	2
39	April 2005	-	No. 3	2	1	2	2
40	April 2006	-	No. 3	2	1	2	2
41	April 2007	-	No. 3	2	1	2	2
42	April 2008	225,000	-	1	2	2	1
43	April 2009	235,000	-	1	2	2	1
44	April 2010	235,000	-	1	2	2	1
45	April 2011	235,000	-	1	2	2	1

(Question C-5) In April each year, what was your spouse/partner doing? Please choose from the options below (there is no need to account for years before you were married or after your spouse/partner passed away).

1. Manager/executive
2. Regular official, employee
3. Self-employed/freelance
4. Permanent part-time worker
5. Temporary part-time worker
6. Temporary employee at an office that dispatches workers
7. Contract employee
8. Fixed-term employee
9. Family worker/side job
10. Other (please provide specific details)
11. I did not work for an income but was looking for employment.
12. I did not work for an income but was not looking for employment (housekeeping, etc.)
13. I did not work for an income because I was caring for children.
14. Student (high-school student, university student, junior college student, college students, preparatory school student, etc.)

[Sample response, for reference]

Age	Year	Standard		Job	Presence of spouse	Number of children	Living with parents
		welfare-pension payment	National-pension payment status				
15	April 1981	-	-	12	0	0	1
16	April 1982	-	-	12	0	0	1
-	-						
22	April 1988	-	-	12	0	0	0
23	April 1989	124,000	-	1	0	0	0
24	April 1990	125,000	-	1	0	0	0
25	April 1991	125,000	-	1	0	0	0
26	April 1992	125,000	-	1	0	0	0
27	April 1993	-	No. 3	2	1	0	0
28	April 1994	-	No. 3	2	1	0	0
29	April 1995	-	No. 3	11	1	1	0
30	April 1996	-	No. 3	11	1	1	0
31	April 1997	-	No. 3	11	1	1	0
32	April 1998	-	No. 3	11	1	2	0
33	April 1999	-	No. 3	11	1	2	0
34	April 2000	-	No. 3	11	1	2	0

35	April 2001	100,000	-	1	1	2	2
36	April 2002	101,000	-	1	1	2	2
37	April 2003	-	No. 3	1	1	2	2
38	April 2004	-	No. 3	2	1	2	2
39	April 2005	-	No. 3	2	1	2	2
40	April 2006	-	No. 3	2	1	2	2
41	April, 2007	-	No. 3	2	1	2	2
42	April 2008	225,000	-	1	2	2	1
43	April 2009	235,000	-	1	2	2	1
44	April 2010	235,000	-	1	2	2	1
45	April 2011	235,000	-	1	2	2	1

(Question C-6) In April each year, where did you live? (There is no need to account for years before you joined the pension system.)

1. The Keihin metropolitan area (within commuting distance of Tokyo and Yokohama)
2. The Chukyo metropolitan area (within commuting distance of Nagoya)
3. The Keihansin metropolitan area (within commuting distance of Kyoto, Osaka, and Kobe)
4. Other

The following questions relate to your current situation.

D. Personal/family relationships

(Question D-1) Please tell us about your current marital status.

1. I am married or remarried (registered or unregistered).
2. Cohabiting
3. Divorced
4. Separated (a temporary post away from family is considered cohabitation)
5. My spouse/partner has passed away.
6. I am single.

(Question D-2) What is your current job?

1. Manager/executive
2. Regular official, employee
3. Self-employed/freelance
4. Permanent part-time worker
5. Temporary part-time worker
6. Temporary employee at an office that dispatches workers

7. Contract employee
8. Fixed-term employee
9. Family worker/side job
10. Other (please provide specific details _____)
11. I did not work for an income but was looking for employment.
12. I did not work for an income but was not looking for employment (housekeeping, etc.)
13. I did not work for an income because I was caring for children.
14. Student (high-school student, university student, junior college student, college students, preparatory school student, etc.)

(Question D-3)

What is your final academic qualification? If you dropped out, please list your previous qualification (for example “graduated from high school” instead of “dropped out of college”).

1. Graduated from junior-high school
2. Graduated from high school
3. Graduated from a vocational school
4. Graduated from a junior college or college of technology
5. Graduated from a university faculty
6. Completed a graduate degree
7. Other

(Question D-4) Please indicate the number of family members currently living with you, including yourself. A spouse working at a temporary post away from the family and children attending school away from home should be included in the number of people who live with you.

_____ people

(Question D-5) Please indicate all of the family members who live with you.

1. Spouse (including an unregistered marriage but not a cohabiting partner).
2. Children
3. Child’s spouse
4. Grandchildren
5. Your parent/s
6. Spouse’s parent/s
7. Grandparents
8. Brothers and sisters
9. Other (cohabiting partner, etc.)

(Question D-6) Please indicate whether you live together/separately and the ages of your spouse's parents.

1. Your father (cohabiting/living separately/passed away) (years old)
2. Your mother (cohabiting/living separately/passed away) (years old)
3. Spouse's father (cohabiting/living separately/passed away) (years old)
4. Spouse's mother (cohabiting/living separately/passed away) (years old)

* If the answer to (Question D-1) is not 1 or 2, options 3 and 4 are not displayed, other than for your spouse.

If you selected 1. or 2. In (Question D-1) → go to (Question D-7). Otherwise, go to (Question D-11).

(Question D-7) Please tell us the date of birth of your current spouse/partner. "Spouse/partner" includes partnership and cohabitation.

_____ (month) _____ (year)

(Question D-8) Please indicate your spouse's final academic qualification. If he/she dropped out, please indicate his/her previous qualification.

1. Graduated from junior-high school
2. Graduated from high school
3. Graduated from a vocational school
4. Graduated from a junior college or college of technology
5. Graduated from a university faculty
6. Completed a graduate degree
7. Other

(Question D-9) Is your current spouse/partner doing work that produces income? If he or she is earning an income, how many hours does he/she work per week?

1. Earning income
2. Not earning income → go to (Question 12)

↓

Approximately _____ hours a day

Approximately _____ hours a week (Monday to Friday, 9:00 AM–5 PM, is 40 hours a week)

Approximately _____ weeks a year (one year is 52 weeks long)

(Question D-10) What kind of work is your spouse/partner currently doing? Please answer as specifically as possible (automobile sales, elementary school teacher, supermarket cashier, bank accountant, making ○○, or selling ○○).

Profession: _____

→ Go to (Question D-12)

(Question D-11) Please indicate why you are single or have not remarried (multiple answers are allowed).

1. I am too young to get married (remarried).
2. I am too old to marry (remarry).
3. I do not feel the need to get married (remarried) yet.
4. I want to concentrate on work (or studies).
5. I want to enjoy hobbies or amusements.
6. I do not want to lose my freedom and comfort as a single person.
7. I have not met the right person yet.
8. I cannot get along with members of the opposite sex.
9. I have a low income.
10. I do not have enough money to marry or remarry.
11. I cannot afford a residence for married (remarried) life.
12. My parents and people around me do not approve of my marriage (remarriage).
13. If I get married (remarried), I may hurt that person's feelings.
14. Other

(Question D-12) Do you make your own dinner?

1. I make my own dinner almost every day.
2. I make my own dinner 5–6 days a week.
3. I make my own dinner 3–4 days a week.
4. I hardly ever make my own dinner.

(Question D-13) If you cook or eat dinner on a regular basis, where do you buy food or go out to eat?
(Multiple answers are allowed.)

1. Supermarket, grocery store
2. Convenience store
3. Lunch box/delicatessen, department-store basement
4. Restaurant, employee cafeteria
5. Delivery
6. Other (please provide specific details)

(Question D-14) How often do you engage in the following activities?

Every day At least once a week At least once a month Only sometimes
I am not interested

1. Going to see concerts, movies, etc.
2. Watching sports (baseball, soccer, etc.)
3. Practicing sports by yourself
4. Doing art and music activities by yourself
5. Meeting with friends and relatives
6. Volunteer activities
7. Studying to acquire a qualification
8. Reading books
9. Reading newspapers
10. Using a computer (other than for work)
11. Viewing/writing on an SNS (Social Networking Service) such as Facebook and Twitter

(Question D-15) How often do you use or view the following information/communication media outside of work? Please answer separately for holidays and working days.

Don't use one; under 30 minutes; 30 minutes–1 hour; 1–2 hours; 2–3 hours; 3–4 hours; 4 hours or more

1. Mobile phone
2. iPad and iPod
3. Personal computer
4. TV
5. Radio

E. Your way of working

If you selected 4, 5, 6, 7, 8, or 10 in (Question D-2) → Go to Question E-1 (non-regular employee)

If you selected 1 or 2 in (Question D-1) → Go to Question E-2 (regular employee)

If you selected 3 or 9 in (Question D-1) → Go to Question E-16 (self-employed/family worker)

If you selected 11, 12, 13, or 14 in (Question D-1) → Go to Question F-1 (non-working population)

(Question E-1) For those engaged in non-regular work, such as permanent part-time and temporary part-time jobs. Why are you currently working as permanent part-timer or temporary part-timer? (Multiple answers are allowed).

1. Because I have a lot of free time
2. Because of spousal deductions and the 1.3 million yen wall (requirements for staying as a third insured person)

3. Because of childcare
4. To care for family members
5. For my own health reasons
6. I wanted to be a full-time employee, but I was not hired.
7. I do not want too much responsibility.
8. Because I am engaged in volunteering and other activities.
9. I am studying to acquire a qualification.
10. Because I did not find a job I wanted, I am doing this temporarily.
11. There is no particular reason.
12. Other (please be specific)

(Question E-2) Which of the following industries correspond to your current employer?

1. Agriculture, forestry, or fisheries; 2. Construction; 3. Manufacturing; 4. information or communication services; 5. transportation or mail services; 6. wholesale or retail; 7. finance or insurance; 8. real estate; 9. academic research; 10. catering and hospitality; 11. entertainment; 12. education; 13. medical or welfare; 14. other.

(Question E-3) How many employees are in your current workplace? In the case of a company, please include all company offices across the country.

1. Fewer than 5 people; 2. 5–29 people; 3. 30–99 people; 4. 100–299 people; 5. 300–499 people; 6. 500–999 people; 7. 1000–4999 people; 8. more than 5000 people.

(Question E-4) In your workplace, what is the division of labor between regular and non-regular employees? Non-regular employment includes permanent and temporary part-timers, dispatched workers, contract workers, and fixed-term employees. (Multiple answers are allowed)

1. Sometimes, non-regular employees work on behalf of regular employees.
2. The work of regular employees is now the job of non-regular employees.
3. The work of regular and non-regular employees is clearly separated.
4. There are no non-regular employees in the workplace.
5. Other (please provide specific details)

(Question E-5) Does your place of employment have a childcare-leave system?

1. Yes 2. No 3. I don't know.

If the answer to (Question E-5) was 1, please go to (Question E-6). Otherwise, go to (Question E-7).

(Question E-6) Have you ever used the childcare-leave system? Do you want to use it in the future?

1. I have used it.
2. I want to use it in the future.
3. I have never used it and I do not want to use it in the future.

(Question E-7)

In your workplace, do any of the following problems make it difficult to use the support system to balance childcare and work?

Yes No

1. The burden on other employees increases.
2. It impedes users' careers.
3. Users' salaries drastically decrease.
4. It is difficult to understand your boss.
5. Many businesses are unfamiliar with such systems.
6. Other (please be specific)

Which of these problems is the most serious? Please answer using the problem number. → [No.]

If the answer to (Question D-1) was 1, please go to (Question E-8). Otherwise, go to (Question E-12).

(Question B-8) Is there a childcare-leave system at your spouse's workplace?

1. Yes 2. No 3. I don't know.

If the answer to (Question E-8) was 1, please go to (Question E-9). Otherwise, go to (Question E-10).

(Question E-9) Has your spouse ever used the childcare-leave system at his/her workplace? Does he/she have any plan to use it in the future?

1. He/she has used it.
2. He/she wants to use it in the future.
3. He/she has never used it and will not use it in the future.

(Question E-10) To what extent you have future prospects or plans?

I have many. I have a few. I have none.

1. What are your prospects for promotion within the next 2 years (including becoming a regular employee)?

2. What is the likelihood of your being dismissed from your current job within 2 years?
3. Changing jobs within the next 2 years

(Question E-11) Have any of the following things happened in your workplace over the past 3 years?

They have happened. They have not
happened.

1. People have been dismissed.
2. Some people want to retire.
3. Some people have moved from being non-regular employees to being regular employees.

(Question E-12) Do you want to continue in your current job in the future?

If you want to change your position or work location in the same company, please select “I want to continue in this job.”

1. I would like to continue in my current job in the future → go to (Question E-15)
2. In addition to this job, I would like another job → go to (Question E-13)
3. I want to change to another job → go to (Question E-13)
4. I want to quit my job entirely → go to (Question E-15)

(Question E-13) What type of work do you want?

1. Regular official, employee
2. Part-time worker
3. Temporary employee at an office that dispatches workers/contract employee
4. I want to start my own business.
5. I want to take over the family business.
6. Side job
7. Other (please provide specific details)

(Question E-14) Why do you want to do other work or to change jobs? (Multiple answers are allowed.)

1. Because my current job is temporary.
2. Because I don't earn enough.
3. Because business is sluggish and the future is uncertain.
4. Human relations at work are not going well.
5. My current job is not suitable for me.
6. My employment contract will expire soon.
7. Because it is a physical and time burden.
8. I want to make more use of my knowledge and skills.

9. I want to increase my leisure time.
10. For childcare reasons
11. To care for family members
12. Other (specifically: → go to (Question E-8))

(Question E-15) How do you expect your company to develop? Do you think that the number of employees will increase in the next two years? Do you think it will decrease?

1. It will increase.
2. It will decrease.
3. It will not change.

(Question E-16) Which of the following applies to your current job? If you do not understand, please click [here](#) to search for applicable information.

1. Professional and technical work
2. Administrative work
3. Office work
4. Sales work
5. Service work
6. Safety-related work
7. Transportation and communication work
8. Work related to production and labor

(Question E-17) How often do you work each week? Please include overtime hours, regardless of whether they are paid or unpaid.

1. _____ hours
2. I don't know.

(Question E-18) Do you think that there is a possibility that you will lose your job in the next two years?

1. Very likely
2. Possible
3. Not likely
4. No
5. I don't know.

(Question E-19) Do you have any of the following feelings about balancing your work and family life?

Never Not very often I neither agree nor disagree with this statement Sometimes Always

1. Because I spend a lot of time fulfilling my duties, I cannot do take part in activities with my family.
2. When I return from work, I am mentally exhausted and I often cannot do anything for my family.
3. My job often prevents me from spending time on family responsibilities.
4. Because of stress at home, I often think about my family in the workplace.
5. I often get no help from my spouse.

F. On child-rearing

(Question F-1) How many of your children live with you and how many live separately? (Please answer for all of your children, regardless of age, whether or not they are biological children, adopted, or step children.)

1. Children living with me (people)
2. Children living separately (people)

If you do not have children, go to (Question F-10).

(Question F-2) Regarding the gender of your oldest (@th), is it a boy or a girl?

1. Male
2. Female

(Question F-3) Please tell us the date of your @th child's birth.

_____ (month) _____ (year)

(Question F-4) Where does your @th child live?

1. With me
2. Separately (with expenses paid)
3. Separately (with no expenses paid)

(Question F-5) What is your @th child doing now?

1. Pre-school (including nursery school or kindergarten)
2. School (including primary school, junior-high school, high school, junior college, vocational school, university, preparatory school)
3. Working (including full-time, part-time, and non-regular employment)
4. Other

(Question F-6) Among the following educational/childcare facilities, what type of school does your @th child

attend or was last enrolled in? Please choose one. Please include part-time schools and answer regardless of whether he/she dropped out or graduated.

1. Not yet in nursery school/kindergarten
2. Nursery school
3. Kindergarten
4. Primary school
5. Junior-high school
6. High school (public)
7. High school (private/national)
8. Vocational school (specialized courses/entrance qualifications, junior-high school graduation, and beyond)
9. Vocational school (advance courses/entrance qualifications, high-school graduation, and beyond)
10. Junior college and college of technology
11. University
12. Graduate school
13. Other

(Question F-7) How much money is spent in your home on the following items each month? Please answer for all children that apply (a rough estimate is fine).

1. What are your school-related costs (tuition fees, school lunch fees, teaching material fees, PTA fees, facility maintenance fees, school payments). Do not include kindergarten.

Approximately yen in 1 month

2. What are your costs for non-school education, including cram school, preparatory school, tutors, correspondence courses, English conversation lessons, etc.

Approximately yen in 1 month

3. What are the costs of specific practices, sports clubs, etc. (excluding cram schools and English conversation)

Approximately yen in 1 month

4. What are the costs of kindergarten, nursery school and daycare, professional childcare, babysitters, after-school care, etc.

Approximately yen in 1 month

What support do you provide to your children? (those living separately, such as university students—do not include tuition fees.)

Approximately yen in 1 month

(Question F-8) Have you or your spouse/partner worked to earn an income before your first child was in elementary school? Please fill in the following table separately for your children from 0–3 years old and 3–elementary-school age.

0–3 years old

Yourself

Your spouse

1. He/she was a regular official/employee
2. He/she was a part-time worker or dispatched staff member.
3. He/she was freelancer/self-employed
4. He/she did not work for an income
5. Other (please be specific)
6. At that time, I had no spouse/partner.

From 3–school enrollment

Yourself

Your spouse

1. He/she was a regular official/employee
2. He/she was a part-timer, dispatched staff, etc.
3. He/she was freelancer/self-employed
4. He/she did not work for an income
5. Other (please be specific)
6. At that time, I had no spouse/partner.

(Question F-9) Who will look after the child if he/she falls ill, etc.?

1. Spouse
2. My grandparents
3. Spouse's grandparents
4. My parents
5. Spouse's parents
6. Relatives
7. Childcare professional
8. Babysitter
9. Friends/acquaintances/neighbors
10. Family Support Center
11. There is no one to take care of him/her.

(Question F-10) When it comes to having children, which of the following apply to you?

1. Currently, I am trying to have a child.
2. Currently, I am not trying to have a child, but I am planning to have one within 5 years.
3. Currently, I am not trying to have a child or planning to have one in the future.
4. Other

If your answer for (Question F-10) was 3., go to (Question) F-11. Otherwise, go to (Question) F-14.

(Question F-11) You say that you have no plans to have children in the future. What are the main reasons for this? Please select all of the options that apply.

1. I am done having children.
2. My spouse does not want children.
3. I want to concentrate on my career.
4. It is difficult to balance work and parenting.
5. I don't want to lose the time.
6. The economic burden, including educational and support expenses, is significant.
7. Childbirth/child rearing is physically tough.
8. Other

(Question F-12) Do you want a child (more children) in the future? If you do not have children, how many would you like?

1. I certainly want → How many (more) children do you want? _____ children
2. It depends on the circumstances → How many (more) children do you want? _____ children
3. I do not want any.
→ go to question

(Question F-13) How much would your monthly income have to increase for you to consider having more children or your first child?

1. If my income increases by _____ yen per month, I would like to have another child.
2. No matter how much my income increases, I do not want more children.
3. Whether or not I have children has nothing to do with my income.

(Question F-14) Please select statements that reflect your views on pregnancy and childbirth.

I agree with this statement. I do not agree with this statement.

1. Smoking decreases the fertility of women.
2. Today, even women in their 40s can become pregnant as easily as women in their 30s.
3. People who have had venereal disease have reduced fertility.
4. Excessive drinking during pregnancy may negatively affect the development of the fetus.
5. Drinking and smoking during pregnancy/breastfeeding will negatively affect the fetus/baby.

(Question F-15) This question is about childcare for babies under the age of one. Please answer regardless of whether or not you currently have children. It is said that having a baby under the age of one in a nursery school costs about 500,000 yen (actual expenses) per month in Tokyo. Which of the following best describes your view on this issue?

1. Childcare for babies under the age of one is expensive, so parents and their families should raise young children at home.
2. If necessary, even children under one should be cared for at a nursery school. There is no need to reduce the cost.
3. If necessary, even children under one should be cared for at nursery schools. However, the cost is too high, so it needs to be lower.

Approx. 50,000 yen per month

Approx. 100,000 yen per month

Approx. 150,000 yen per month

Approx. 200,000 yen per month

Approx. 250,000 yen per month

Approx. 300,000 yen per month

Approx. 350,000 yen per month

Approx. 400,000 yen per month

Approx. 450,000 yen per month

(Please select the applicable amount)

(Question F-16) What are your expectations of policies, such as social security, implemented by public administrators? Also, please choose the policy that you consider most promising.

1. Promoting childcare leave in the workplace
2. Expanding child allowance, childcare allowance, and scholarships
3. Supporting the reinstatement of women who left their jobs due to childbirth/childcare
4. Reducing the cost of pregnancy/childbirth/expanding public assistance support
5. Reducing or eliminating children's medical expenses
6. Developing nurseries (including childcare for sick children)
7. Maintaining and improving after-school care for children
8. Expanding employment support for young people
9. Ensuring equal treatment for children born out of wedlock
10. Legal acceptance of couples with different surnames
11. Expanding the public pension system (increasing pension payments, etc.)
12. Reducing the burden of medical expenses for elderly people
13. Expanding the long-term care insurance system (reducing the burden of nursing care insurance premiums,

etc.)

14. Expanding the unemployment insurance system
15. Expanding the occupational accident insurance system
16. Other ()
17. None

Of the policies mentioned above, please select the one that you consider most likely. ()

(Question F-17) To enhance the social security measures above, financial resources may be needed. Which option matches your own views most closely? (Multiple answers are allowed.)

1. Cover the costs by increasing consumption tax.
2. Cover the costs by increasing income tax, corporate tax, inheritance tax, donation tax, and fixed property tax.
3. Cover the costs by increasing social insurance premiums.
4. Cover the costs by issuing more government bonds.
5. Cover the costs by thoroughly eliminating waste in the administration.
6. Cover the costs by reducing financial support for elderly people (pension benefits, medical welfare services, etc.).
7. Cover the costs by reducing support for child rearing (various allowances, etc.).
8. It will not be necessary to expand social security measures in future.
9. Other (please be specific)

Which of the above policies would you consider the three most important, in the following order? Please write the number.

Most important () Second most important () Third most important ()

G. On parents

(Question G-1) When you were 15 years old, your parents...

1. were married (including partnership)
2. were divorced
3. were separated
4. One had passed away
5. Other (please be specific)

(Question G-2)

Please indicate your father's birth date and age.

Born in _____(month)_____ (year)

If he is still alive, how old is he? _____years old

(Question G-3) From the right, which of the following schools did your father attend? Please answer regardless of whether he dropped out or graduated.

1. Junior-high school
2. High school/junior-high school under the old system
3. Vocational school
4. Junior college/college of technology
5. University
6. Graduate school
- 7 I don't know.

(Question G-4) When you were 15 years old, did your father work for an income?

1. Yes
2. No
3. At the time, my father was not around → go to (Question G-8)

(Question G-5) What kind of work did your father do? Please answer as specifically as possible (elementary-school teacher, bank accountant, or making ○○).

(Question G-6) What was the main business of the company/office where your father worked? Please answer as specifically as possible (automobile manufacturing, hospital work, etc.).

(Question G-7) Did your father talk to you directly about his work when you were a child?

1. We talked a lot.
2. We sometimes talked.
3. We did not talk much.
4. We hardly talked.

(Question G-8) Please tell us the birth year and age of your mother.

Year of birth _____

If she is alive, how old is she now? ____ years old

(Question G-9) From the right, which schools did your mother attend? Please answer regardless of whether she dropped out or graduated.

1. Junior-high school
2. High school/old-system middle school
3. Vocational school
4. Junior college/college of technology
5. University
6. Graduate school
- 7 I don't know.

(Question G-10) When you were 15 years old, did your mother work for an income?

1. Yes
2. No
3. My mother was not around at the time → go to (Question G-14)

(Question G-11) What kind of work did your mother do? Please answer as specifically as possible (elementary-school teacher, bank accountant, or making ○○).

(Question G-12) What was the main business of the company/office where your mother worked? Please answer as specifically as possible (automobile manufacturing, hospital work, etc.).

(Question G-13) Did your mother talk directly to you about her work when you were a child?

1. We talked a lot.
2. We sometimes talked.
3. We did not talk much.
4. We hardly talked.

(Question G-14) Did your mother work from the time you were born until you started primary school?

1. Yes
2. No
3. My mother was not around at the time.

(Question G-15) Please choose the option that best describes your mother's career.

1. She worked continuously, starting before she was married.
2. After marriage or childbirth, she quit her job and did not go back to work afterwards.
3. She quit her job after marriage or childbirth, but went back to work after her children were old enough.
4. She always did independent work (including agriculture) and side jobs.
5. She dedicated herself to housework and raising children.
6. Other (please provide specific details)
7. I don't know.

(Question G-16) What was your household income, compared to the neighbors' incomes, when you were 15 years old?

1. Very low
2. Low
3. Almost the same
4. Relatively high
5. Very high
6. I don't remember.
7. I don't want to answer that question.

(Question G-17) How was your situation at home when you were 15 years old?

Yes No I don't remember. I don't want to answer that question.

1. I attended cram school/lessons.
2. We had a subscription to a newspaper.
3. We had a subscription to a magazine.
4. We had our own car.
5. We lived in our own house.
6. We often ate out at restaurants.
7. There was a private room for the children.
8. There was a bath at home.
9. There was a toilet at home.
10. I had an air conditioner.
11. We had a municipal library card.

12. My parents raised me with loving affection.
13. I played sports and had fun with my parents.
14. My parents were indifferent to me.
15. My parents were very interested in my studies.
16. My parents were often violent to their children.
17. My parent were very committed and took good care of me.
18. My parents were patient and did not get angry very often.
19. My parents had trouble coping with stress.
20. My parents were very ambitious.
21. My parent were constantly fighting and had a bad relationship.
22. Parents only drank moderately.
23. My mother was smoker.
24. My parents got sick often.
25. My parents helped and supported each other.

(Question G-18) What kind of support are you currently receiving from your parents and your spouse's parents? Please answer for all of the following.

My father
My mother
My spouse's father
My spouse's mother

1. I receive economic support (living expenses, etc.)
2. I receive housework assistance (meal preparation, cleaning, washing).
3. I receive childcare assistance (taking the children to school/kindergarten).
4. I do not receive any assistance.

(Question G-19) Please tell us about your relationships with friends in junior-high school. (Select all applicable items.)

1. I had friends of the same sex. (friends that I talked and played with) → Approx. () people
2. I had close friends of the same sex. (friends that I talked to about my problems) → Approx. () people
3. I had friends of the opposite sex. → Approx. () people
4. I had no friends of the opposite sex.
5. I had few friends of either sex.
6. I did not want to have relationships with other people.

H. On Retirement

(Question H-1) What do you think will be your main sources of income when you are (1) 65–69; (2) 70–74; and (3) 75 or over? Please list the top three sources, ranked by importance.

1. Work income
2. Public pension
3. Corporate pension (including lump-sum payments)
4. Individual pension
4. Savings in your bank account
5. Assistance from parents (including inheritance and gifts)
6. Support from children (including cohabitation)
7. Welfare protection
8. I'm not sure.

(Question H-2) With whom do you plan to live with when you are (1) 65–69; (2) 70–74; (3) 75 or over. Please select all that apply.

1. Parents (including spouse's parents)
2. Children
3. Siblings
4. Spouse
5. Grandchildren
6. Relatives
7. Alone
8. Friends
9. Other

(Question H-3) Who do you think will take care of you when you need nursing care? Please select all that apply.

1. Spouse
2. Children (including adopted children and stepchildren)
3. Spouses of biological children
4. Nursing care helper
5. Parents/siblings/relatives
6. Relatives
7. Friends
8. A nursing home
9. Other

I. On residence/region

(Question I-1) Which of the following residences do you currently live in?

1. Your own house
2. Private rental housing
3. Rental housing provided by the public administration or a public corporation.
4. Paid housing, such as company housing (including borrowed houses), dormitory, civil servant housing
5. Other (please be specific)

(Question I-2) Is your residence a detached house or an apartment building?

1. Detached house
2. Apartment building (divided house, apartment, etc.)

If you selected 1. in (Question I-1) → go to (Question I-3)

If you selected anything other than 1. in (Question I-1) → go to (Question I-6)

(Question I-3) This question is about the house you are currently living in.

(1) Are you still paying a mortgage?

1. Yes, I am still paying a mortgage.
2. No, I do not have a mortgage.

(2) Have you acquired it through an inheritance or as a gift?

1. Yes
2. No

(Question I-4) What is your monthly mortgage payment, including interest? If you do not know the exact amount, please provide an estimate.

Mortgage and interest payment: approximately per month

(Question I-5) If you sell the property you live in now (including the land), how much do you think you can sell it for?

Approximately yen

→ Go to (Question I-7).

(Question I-6) What is the monthly rent of the place you currently live in? (include fees for common areas and parking places)

Approximately yen per month

I do not pay rent.

(Question I-7) This question is about the residence you currently live in and its facilities.

Yes No

1. The residence is too small.
 2. The residence is too big.
 3. The condition of the building is getting worse.
 4. It is not earthquake-resistant.
 5. There is a risk of water leakage or power failure.
 6. The entire interior of the house is dirty.
 7. Ventilation is poor.
 8. There is not enough electricity.
 9. There are few electric outlets.
 10. The ceiling is too low.
 11. There are problems with crime prevention.
 12. I have a bath at home.
 13. I have a toilet at home.
 14. I have an air conditioner.
 15. I will renovate my current residence within 5 years.
 16. I am planning to move within 5 years.
- (For those who have children)
17. I have a separate room for my children.
 18. I have a room for my children, but not two separate rooms for boys and girls.

(Question I-8)

Approximately how long does it take to get to the facilities below using ordinary transportation (walking, bicycle, car, bus, etc.)?

Under 5 minutes 5–10 minutes 10–20 minutes 20 minutes or more I don't know where they are.

1. Supermarket, convenience store
2. Bank, post office
3. Clinic/hospital with pediatrics department
4. Nurseries, kindergartens
5. School childcare center
6. Train station and bus station
7. City hall, municipal office (including branch offices)
8. Police station (police box)

9. Public employment security office
10. Pension office
11. Health center
12. Social welfare office
13. Park (where you can ride bicycles and play ball)

(Question I-9) Which facilities are easy to use and friendly? Please choose as many answers as you can.

1. Nursery school, kindergarten
2. School childcare center, various nursery facilities
3. Elementary school, junior-high school
4. Neighborhood clinic
5. General hospital
6. Neighborhood pharmacies, drugstores
7. Hello Work (employment security office)
8. Pension Office (former Social Insurance Office)
9. Social Welfare Office
10. Health center
11. City municipal office, town hall (including branch offices)
12. Regional Comprehensive Support Center
13. Long-term care facilities
14. Regional youth support station
15. Job Cafe
16. Supermarkets, convenience stores, department stores
17. Banks, post offices
18. Police station (police box), fire station
19. Other: please be specific ()

Of these, which one is the most friendly and easy to use? No. ()

(Question I-10) Are there any problems with the safety or environment of your residential area?

None Some A lot

1. Noise
2. Air pollution
3. Crimes such as burglars
4. Graffiti and garbage dumping
5. Risk of traffic accidents
6. Risk of walking alone in the evening
7. Tensions in the neighborhood

8. Risk of a natural disaster

(Natural disasters include landslides, floods, broken ground, subsidence, liquefaction etc.)

J. Subjective public welfare

(Question J-1) How is your health at the moment?

1. Good
2. Pretty good
3. Normal
4. Poor
5. Bad

(Question J-2) How often have you experienced the following conditions during the past month?

Always Usually Sometimes Just a little Not at all

1. Have you felt oversensitive?
2. Have you felt hopeless?
3. Have you felt frustrated or restless?
4. Have you felt down—not offended whatever happens?
5. Have you felt that all of your efforts were in vain?
6. Have you felt worthless?

(Question J-3) What do you think of the following statements?

Yes No I don't know.

1. I can be richer than my parent's generation.
2. After 10 years, my standard of living will be higher and my life will be stabler.
3. My spouse will help me when I am struggling with parenting or housekeeping (only for married couples).

(Question J-4) This question is about your level of satisfaction in life. Overall, how satisfied are you with your current life?

1. Very dissatisfied
2. Dissatisfied

3. Somewhat dissatisfied
4. Somewhat satisfied
5. Satisfied
6. Very satisfied

How do you expect to feel 5 years from now?

1. Very dissatisfied
2. Dissatisfied
3. Somewhat dissatisfied
4. Somewhat satisfied
5. Satisfied
6. Very satisfied

Only if you selected 1. to 10. in (Question D-2)

(Question J-4) How satisfied are you with your current job?

1. Satisfied
2. Somewhat satisfied
3. Neither satisfied nor dissatisfied
4. Somewhat dissatisfied
5. Dissatisfied.

Only if you selected 1. in (Question D-1).

(Question J-5) How satisfied are you with your current married life?

1. Satisfied
2. Somewhat satisfied
3. I am neutral
4. Somewhat dissatisfied
5. Dissatisfied.

(Question J-6) When worried or troubled, to what extent can you count on the following people for advice?

Considerably Somewhat A little Not at all There is no one who can
help

1. Spouse
2. Other family members who live with you
3. Family members and relatives who live separately

4. Neighbors
5. Friends
6. Public institutions (government-office helpdesk, child guidance center, etc.)
7. NPOs

(Question J-7) When you need a little help in your daily life, to what extent can you count on the following people for help?

Considerably Somewhat A little Not at all There is no one who can
help.

1. Spouse
2. Other family members who live with you
3. Family members and relatives who live separately
4. Neighbors
5. Friends
6. Public institutions (government-office helpdesk, child guidance center, etc.)
7. NPOs

(Question J-8) If you divide society into five tiers, where would you place yourself?

- 1 (Top tier)
- 2 (Second highest tier)
- 3 (Middle tier)
- 4 (One tier up from the bottom)
- 5 (Bottom tier)

(Question J-9) Do you have a positive future plan? When will you implement it?

1. In less than a year
2. In more than a year
3. I have no plans that I am looking forward to carrying out.

(Question J-10) Are you or your family (spouse, children, parents, grandparents, etc.), currently experiencing symptoms of any of the following diseases. Are they interfering with your employment, marriage, or child rearing?

You yourself

Yes

No

Your family

Yes

No

1. Disease of the heart and blood vessels
2. Disease of the lungs
3. Disease of the stomach and intestines
4. Mental illness
5. Eye, ear, nose disease
6. Skin disease and allergies
7. Bone fracture, serious injury
8. Other (please be specific)
9. I have no family members with serious diseases or injuries.

(Question J-11) If you answered “Yes” to the previous question, please indicate whether you are hospitalized.

You yourself

Hospitalized

Not hospitalized

Your family

A family member is hospitalized.

No one is hospitalized.

(Question J-12) Are you doing the following to prevent adult diseases and maintain/manage health? (Multiple answers are allowed).

1. Jogging, walking regularly
2. Going to the gym regularly
3. Daily stretching
4. Walking, biking, using the stairs, etc. when commuting
5. Always eating breakfast
6. Eating foods that include protein, such as meat and fish, every day
7. Eating vegetables and fruits every day
8. Moderating salt and calories
9. Moderating greasy foods, such as fried foods
10. Hydrating frequently
11. Avoiding heavy drinking and eating
12. Sleeping enough

- 13. Trying not to accumulate stress
- 14. Not doing anything in particular
- 15. Other (please provide specific details)

K. On income and assets

(Question K-1) What was your annual income (including taxes) last year? Please include not only work income, but all income, including stock dividends and real-estate income.

My annual income including taxes was approx. yen

(Question K-2)

What was your spouse or partner's annual income (including taxes) last year? Please include not only work income, but all income, including stock dividends and real-estate income.

My spouse's annual income including taxes was approx. yen

I don't know my spouse's income.

(Question K-3) What was the annual income (including last year's taxes) of your entire household (yourself, those who live with you and a spouse/partner living away from home for work reasons). Please include all income (interest, dividends, land fees, rent) obtained from pensions, financial assets, and real estate investments, as well as income earned from working.

The annual income of my household as a whole including taxes is approx. yen

(Question K-4) Did you receive financial assistance from your parents or grandparents when you purchased your house or when your children entered school?

- 1. Yes → yen
- 2. I did not receive any financial assistance when I purchased my house or when my children entered school.
- 3. Not applicable

(Question K-5) This question is about your own assets. How much money do you have overall, adding together all deposits and savings in your own name, and the total amount you would have if you sold all receivables and stocks?

Approx. yen

There are no deposits or savings.

(Question K-6) This question is for those who have a spouse/partner. How much money does your spouse have overall, adding together all deposits and savings in his/her name, and the total amount he/she would have if he/she sold all receivables and stocks?

Approx. yen

There are no deposits or savings.

I don't know about my spouse's savings or deposits.

(Question K-7) How much do you hope to save before retirement?

1. Approx. yen

2. I have no particular target.

(Question K-8) Have you received any gifts or bequests so far? If so, what was the total amount? Please include gifts or bequests received by your spouse/partner.

1. I have received a gift or inheritance → A total of approx. yen

2. I have never received any gifts or bequests.

(Question K-9) Are you planning to receive gifts or bequests in the future?

1. We expect to receive gifts or bequests → The total amount is approx. yen

2. We do not expect to receive gifts or bequests.

3. I don't know.

(Question K-10) Are you planning to leave your children an inheritance in the future? Please choose the statement that matches your plans most closely.

1. I will leave everything to my children as an inheritance, including things I purchased myself.

2. I will leave the money I inherited from my parents to my children, but we plan to use up all the things I purchased myself.

3. If my children take care of me after my retirement, I will leave them an inheritance.

4. If my children take over the family business, I will leave them an inheritance.

5. I plan to use up all of my money and will not leave anything to the children.

6. I will not leave an inheritance because I do not have children (and do not plan to have children).

7. I have no children (and no plan to have children); however, I will donate a bequest to society or leave it to someone else in the family.
8. I have no idea whether or not I will leave an inheritance, so I cannot answer this question.
9. Other (specifically _____)